

# Teen Week 2019 Activities Form

The electives are assigned on a first-come, first-serve basis

Name \_\_\_\_\_

Age (during camp) \_\_\_\_\_

Today's Date \_\_\_\_\_

## Morning Electives

**Four-Day Electives** (indicate first and second choices)

- Basketball (for enjoyment - just for fun)
- Basketball (for improvement and tournament)
- Volleyball (for enjoyment - just for fun)
- Volleyball (for improvement and tournament)
- Tennis (for enjoyment or improvement)
- Soccer (for enjoyment or improvement)
- Photography (a week long project)
- Music (sing along or practice to perform during the week)
- Drama (short skits to perform during the week)

- Swimming (a week of hanging by the pool)
- Crafts
- Bible Study (a short study with the camp pastor)
- Crazy Games: Frisbee Football, etc.
- Fitness Room (just for fun)
- Aerobics (just for fun)
- Kan-Jam (Just for fun)
- Board games

## Evening Electives

**Four-Day Electives** (indicate first and second choices)

- Basketball (for enjoyment - just for fun)
- Basketball (for improvement and tournament)
- Volleyball (for enjoyment - just for fun)
- Volleyball (for improvement and tournament)
- Tennis (for enjoyment or improvement)
- Soccer (for enjoyment or improvement)
- Photography (a week long project)
- Music (sing along or practice to perform during the week)
- Drama (short skits to perform during the week)

- Swimming (a week of hanging by the pool)
- Crafts
- Crazy Games: Frisbee Football, etc.
- Fitness Room (just for fun)
- Aerobics (just for fun)
- Kan-Jam (just for fun)
- Board games

**Optional River Activity** (a swim test must be passed to participate and takes place during free time)

**Indicate first and second choices.** Each camper may participate in one river activity for the week

- Canoeing (one and a half hour ride down the river)
- Tubing (a 5 minute ride being pulled by the ski boat)

# Tuscarora Teen Week Rules Agreement

1. Campers may not leave the camp during the week without permission of the director. Campers who do have permission will be picked up and dropped off in the main office with the teen's counselor present. For your camper's safety, camp is closed to all non-staff adults.
2. Attendance at all sessions, meals, and activities designated as mandatory is required.
3. Campers will remain in their quarters after lights out. (Strictly enforced!)
4. Campers will not enter or approach buildings housing campers of the opposite sex, the staff, or those not being used by the camp program. (This includes lounges.)
5. Cell Phones, TVs, music players, laptops, electronic devices etc., as well as skateboards and roller blades, etc. must be left at home.
6. Expensive jewelry, perfumes, and clothing should not be brought to camp as locking doors is prohibited.
7. Pyrotechnics, drugs, alcohol, and any type of weapon are forbidden on the grounds.
8. Smoking is not allowed at any time in any place during camp.
9. Anyone causing damage to property will be held financially responsible. Fees may be charged for above normal cleaning/repairing needs. This includes tobacco smoke. Please do not bring lights to hang (fire threat) or items to tape to walls, ceilings, or doors, etc. (damage to paint and wallpaper).
10. Campers are to acknowledge and submit to the authority of the counselors as well as all staff members of Teen Week.
11. Behavior, conversation, and attire consistent with a Christian camp is expected. Public display of affection is to be modest and kept at minimum. Proper attire includes, but is not limited to: T-shirts with negative messages/appropriate underclothing/nothing bare except head, neck, arms and legs (from mid-thigh down) and for swimming-modest one-piece swimsuits.
12. Campers will not be allowed to take part in any river activities without signed parental permission and a completed swim test. Note: Swimming in the Delaware is dangerous and forbidden!

Note: Should the camper violate any policies above, Tuscarora maintains the right (at the Director's discretion) to call the parents or guardians at any time day or night to come and pick up the camper. **This could also affect your participation in future events, such as teen week camper / counselor or summer staff member.**

**These rules are strictly enforced!**

**I HAVE READ AND UNDERSTAND THE ABOVE RULES**

**Date** \_\_\_\_\_

CAMPER (please print) \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

PARENT (please print) \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**River Activities** -Passing a swim test is required to participate

I hereby **GRANT** permission for \_\_\_\_\_ (or)

I hereby **DENY** permission for \_\_\_\_\_ to participate in river activities

PARENT SIGNATURE \_\_\_\_\_

## **Fitness Room**

If camper has signed up for an elective that will use the fitness room, read these guidelines and sign one of the options. Anyone under 18 must have signed parental consent to use the fitness room. The room can only be used during the elective time when supervised. It cannot be used at any other time. I have read and understand the regulations that my camper must abide by and agree to not hold Tuscarora Inn liable for any injury that they may sustain while using this room

I hereby **GRANT** permission for \_\_\_\_\_ (or)

I hereby **DENY** permission for \_\_\_\_\_ to use the fitness room

PARENT SIGNATURE \_\_\_\_\_